

22nd Annual Jewish Men's Retreat October 25-27, 2013

*Hazon-Isabella Freedman Jewish Retreat Center
Falls Village, CT*

**Laugh, Nosh, Love, Work, Kvell:
Restoring Balance To Our Lives**

FRIDAY, October 25

1:00–5:45 _{pm}	Registration/Information	Great Room
3:00–5:30	Mikveh/Welcome	Red Yurt
6:00–7:20	Kabbalat Shabbat	Synagogue
7:30–8:30	Dinner	Dining Room
8:45–9:15	Opening Program	Great Room
9:30–10:45	Mishpacha Group One	Assigned Location
11:00	Drum Circle/Social Time (optional)	Great Room

SATURDAY, October 26

7:00–8:00 _{am}	Meditation/Yoga (Optional)	Lounge
8:00–8:50	Breakfast	Dining Room
9:10–12:00	Shabbat Services	Synagogue
12:10–1:00 _{pm}	Lunch	Dining Room
1:00–2:45	Free Time/Optional Sessions	(locations to be announced)
3:00–5:00	Mishpacha Group Two	Assigned Location

SATURDAY, October 26 (continued)

5:30-6:30pm	Dinner	Dining Room
6:45-7:45	Evening Service (Maariv)	Synagogue
7:45-8:30	Havdalah	Outdoors
9:00- 10:30pm	Campfire-Honor the Ancestors*	Campfire Pit
10:45pm	Social Time-Drum Circle (optional)	Great Room

*includes chocolate babka "contest" and libations-bring them to the fire pit

SUNDAY, October 27

8:00-9:00am	Breakfast	Dining Room
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Pack Up/Clean-Out Rooms

Rooms MUST be empty by 9:00 am

9:15-10:00	Morning Service (Tefillin Workshop)	Synagogue
10:15-11:45	Mishpacha Group Three	Assigned Location
12:00-12:30 pm	Closing Circle	Great Room
12:30 -1:30	Lunch	Dining Room