

Mussar for Mensches

Process for Voluntary Mussar Opportunity Sharing in the Full Class/Va'ad

1. Describe in just 2-3 sentences what was essence of what happened recently in your life. No need for specific names or details but can generalize. For example generalizations can be put into categories; a family member, a work colleague, a stranger at the store, a phone call/ discussion/ observation/ from a friend that asked of me, or informed me, or proclaimed to me, etc.
2. What came up for you considering what you discussed with you Chevruta, or your chapter readings, or you daily Mussar practice that influenced your action whether successful or not?
3. What learning or aspiration are you left with from this event?

MENSCHWORK

Compassion. Integrity. Spirit.

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