

MENSCH DAY

Presented by Menschwork & Men of Mishkan

June 15, 2024 ★ 1:00-5:30 pm



PROGRAM SCHEDULE

1:00-1:40 pm

Opening Circle

Community singing, exploring the *kavanah* of Mensch Day, dyad discussions about why you came and what it means to be a mensch.

1:50-2:50 pm

***Tikkun Olam* – Mensches in Action: Hearing the Call**

Featuring insights and personal stories from members of Mishkan Shalom who have been embracing their *menschlichkeit* through impactful social action and community service, including:

Lance Laver describes his interfaith work for peace and community building, including rebuilding black churches in the South that were burned.

Chris Taranta tells inspiring stories depicting how small acts of kindness known as *gimilut chassidim* can make a big difference in people's lives.

Sid Ozer shares how after his son was killed by a car while biking, he and his wife turned tragedy into a major safety initiative for bikers in the Philly region.

Yosaif August will introduce the speakers and lead the panel and dyad discussions.

3:00-4:00 pm

***Mishpacha* Support Groups**

Men will meet in small groups to share stories, insights, and feelings about what it means to be a mensch in today's world — including examples of acts of kindness by themselves or others.

4:10-5:00 pm

***Tikkun Nefesh* – Pathways to Spirit**

Choose from three workshops that can enliven and deepen your Jewish spiritual journey:

Mussar for Mensches with Eugene Sotirescu; Discover the 4 key Middot to focus on as you journey on your path to mensch-hood.

Drum Your Prayers with JoJo Kottler; chant sacred Jewish prayers accompanied by ecstatic drum rhythms that call to the depths of your *neshama*.

Torah Yoga with David Piver; explore a Jewish twist on an ancient spiritual practice to help you embody the *mitzvot* of Living Torah.

5:05-5:30 pm

Closing Circle

Closing songs, hear what touched men most about the day and share key take-aways to help us live as mensches. Followed by nosh and light refreshments.