

June 8, 2025, Greater Boston Mensch Day Schedule (subject to change)

10:00 - 10:35 am: Opening Circle

Welcome Ceremony, niggunim singing, dyad discussions on the *kavanah* of Mensch Day and why you came. Plus, a *drash* on the meaning of *menschlikeit by Reb Moshe Waldoks, Rabbi Emeritus of TBZ.*

10:40 - 11:55 am: Mensches in Action Panel: Hearing the Call

Featuring insights and personal stories from members of TBZ and Menschwork who have embraced their *menschlikeit* through social action, community service and simple acts of kindness.

<u> 12:00 – 12:55 pm: Kosher Lunch</u>

<u>1:00 – 2:15 pm: Mishpacha Discussion Groups</u>

Men will meet in small groups to share stories, insights, and feelings about what it means to be a mensch in today's world — including examples of *gemilut chasidim* (acts of lovingkindness) by themselves or others. *Learn about Mishpacha Groups*.

2:20 - 3:15 pm: Pathways to Mensch-hood

Attend an experiential breakout session to help cultivate your *menschlikeit* and enhance your Jewish spiritual journey. Choose from:

- *Mussar* for Mensches
- Drumming your Prayers
- Movement and Meditation
- Patriarchs: Models for *Menschlikeit*?

<u>3:20 – 4:00 pm: Closing Circle</u>

Joyful community singing, hear what touched men most about the day and share key take-aways to help us live as real mensches. Followed by a light nosh and refreshments.

